



# UNCG Gerontology Research Network

Facilitating Transdisciplinary Aging-related Research at UNCG

March 2, 2011 • Issue 63

## ANNOUNCEMENTS

### **Medicare Presentation and Coffee \*Flyer Attached\***

Join us for an informative Medicare presentation and discussion with a local SHIIP (Seniors' Health Insurance Information Program) Counselor.

Are you a Caregiver? Do you know any Caregivers? This event will benefit them as well as other individuals that have questions about Medicare.

Attendance is Free with Donations Gratefully Accepted.

Registration is limited. A light breakfast will be provided.

Date: Friday, March 11, 2011

Time: 9:30am—10:30am

Location: The Stratford. 1573 Skeet Club Rd. High Point, NC 27265

Register by Tuesday, March 8, 2011 to Amanda May, Caregiver Support Coordinator at Senior Resources of Guilford at (336) 373-4816 X 258.

### **Call for Presentations for 2011 NC Conference on Aging is now available**

The Executive Committee of the North Carolina Conference on Aging (NCCOA) announces and seeks presentations for the annual North Carolina Conference on Aging to be held Oct. 18-20 at the Hilton Charlotte University Place Hotel in Charlotte, NC. Responses to the call for presentations are due back by April 22, 2011.

To obtain additional information and submit your proposal on line go to:

<http://www.aging.unc.edu/nccoa>

Following the very successful 2010 Governor's Conference on Aging and production of the 2011-2015 State Aging Services Plan, the 2011 Conference will focus on the theme "The Community Response: Implementing the Plan for a Livable, Senior Friendly North Carolina". Conference tracks include: Family, Caregiving, Grandparenting and More; Economics of Aging; Health and the Continuum of Care; Healthy Aging & Active Engagement; Planning Livable Senior Friendly Communities; Diversity and Aging; and Safe Communities.

Information about Sponsoring, Exhibiting and Advertising opportunities at this year's conference will be posted on the conference website shortly.

Please help us spread the word about this year's North Carolina Conference on Aging by passing this information along to anyone who might like to be a part of this important annual event.

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The UNCG Gerontology Program • P.O. Box 26170 • Greensboro, NC 27402  
VOICE 336.256.1020 • FAX 336.334.4113 • <http://www.uncg.edu/gro/geroresearch.uncg.edu>

Please send your aging-related research to Sarah Johnson at [uncg.grnmailings@gmail.com](mailto:uncg.grnmailings@gmail.com) with GRN in the subject line.



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## NEWS – LOCAL

### **Free Computer Classes for Seniors \*Flyer Attached\***

Location: Greensboro Public Library

Date: March 2011

Supported By: Area Agency on Aging—Blair Barton-Percival, Assistant Director 2216 W. Meadowview Road, Suite 201 Greensboro, NC 27407 (336) 294-4950 [www.ptcog.org](http://www.ptcog.org)

### **Piedmont Triad Council of Governments Area Agency on Aging Newsletter: “The Advocate.” \*Information Attached\***

The March 2011 Issue of the Piedmont Triad Area Agency on Aging (Piedmont Triad AAA) Newsletter is attached, which includes information on a workshop on discharge planning, information on Parkinson’s Disease and Diversity, and multiple resources for caregivers. Enjoy! For more information on the Piedmont Triad AAA, visit their website at: <http://www.ptcog.org/aaa/>.

### **Richard Taylor’s February 2011 Newsletter on Alzheimer’s is Available.**

In this fascinating Newsletter he discusses his personal, professional, and his peers’ views on medications and overall lifespan and Alzheimer’s disease. He also addressed the example that Ronald Regan and his wife had with Alzheimer’s Disease and the importance of people with this disease to publicly speak out, so as to humanize this disease and refuse to be viewed as a victim. Dr. Taylor only wants his newsletters to be read by people who sign up to receive them through email, so visit his website to fill out the short form: <http://www.richardtaylorphd.com/>. Dr. Taylor is a man full of wisdom, a great sense of humor, and courage, and everyone should read his writings and then put them into practice so as to improve the view of Alzheimer’s disease in this country.

### **Institute on Aging: Matter of Balance - Coach Training - Cary**

“Matter of Balance?” Coach training

Date: March 8 & 9 (Must attend both days)

Time: 10:00 a.m.—3 p.m.

Where: Woodland Terrace. 300 Kildaire Woods. Cary, NC

Lunch provided by Woodland Terrace

Last day to register March 3rd

Contact Jane Armstrong for additional information and registration application:

[jarmstrong@tjcog.org](mailto:jarmstrong@tjcog.org), or cell: 919.548.0016.



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## NEWS – STATE

### **Mental Health Conference: Overcoming Trauma and Loss: Tools for Rebuilding**

Date: Friday, April 8, 2011

Time: 8:00am—4:00pm

Location: The Empire Room. Downtown Greensboro The 15th annual Regional Mental Health Conference is rapidly approaching. To register for this year's event, please visit the Mental Health Association in Greensboro's website. Registration is available online or a registration form can be mailed, emailed or faxed to the Association.

There are a limited number of exhibition and sponsorship opportunities available. For more information, please contact Jamie Stephens, director of programs, by email or at (336) 373.1402 ext. 207.

The Association is partnering with the Guilford Center, Guilford County Schools, Hospice and Palliative Care of Greensboro, Moses Cone Behavioral Health Center, and NCCJ of the Piedmont Triad to present this notable community event.

Registration begins at 7:45 am. Opening session will start promptly at 8:30 am.

Download forms here: *Conference Brochure; Exhibition / Sponsorship Form; Conference Registration Form*

For more information, contact the Mental Health Association at [jstephens@mhag.org](mailto:jstephens@mhag.org) or (336) 373.1402 ext. 207

### **Session topics include the following:**

Shades of Grey: A Spectrum of Recovery Sarah Bobo, M.Div, Director of Supportive Services: Mental Health Association in Greensboro Sam Parker, LCSW, EAP Director: Family Service of the Piedmont

“Finding a New Normal: Helping Bereaved Clients Reinvest in Life.” Marcia Patterson Vanard, MSW, LCSW: Director, Counseling and Education Center. Hospice and Palliative Care of Greensboro.

“Tools to Stop Bullying and Harassment of GLBT Youth: In School and Out.” Elic A. Senter, Education Consultant: NC Association of Educators. Center for Teaching and Learning

“Bullied to Death.” Jody Clayton, MA, NCC, Brandi Johnson, BA Program Coordinators, NCCJ of the Piedmont Triad.

“Integrating Spirituality in the Treatment of Trauma: A Primer on Competent Practice.” Craig S. Cashwell, PhD, LPC, NCC, ACS, and J. Scott Young, PhD, Professors: UNCG Department of Counseling and Educational Development



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## **Conference on Aging- May 24, 2011 \*Brochure Attached\***

Plan to join them on May 24<sup>th</sup> for their annual one-day conference on aging: “Aging Well in Mind, Body, & Spirit.” The conference is held on the campus of Lynchburg College in Lynchburg, VA.

For additional information, check out the attached conference brochure or go to their website.

On-line registration is also available on their website at [www.lynchburg.edu/beard](http://www.lynchburg.edu/beard) (go to the 2011 conference tab). Sign up early as space is limited.

They also appreciate any help you can give them with sharing their conference brochure with your friends, family members, and colleagues.

For more information, please contact Denise R. Scruggs, CDP, ADC—Director. Beard Center on Aging at Lynchburg College. 1501 Lakeside Drive. Lynchburg, VA. 24501. Phone: (434) 544-8456. Email: [scruggs.dr@lynchburg.edu](mailto:scruggs.dr@lynchburg.edu)

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## ITEMS OF INTEREST

### **Congratulations To Laurie Kennedy-Malone**

A book she co-authored "Integrating Gerontological Content into Advanced Practice Nursing Education" was named 2010 Book of the Year by the American Journal of Nursing. —As directors of advanced practice nursing programs struggle to find resources to convert their existing adult APN tracks into adult–gerontology programs; this book offers a clear path for integrating critical content throughout an entire program. Kennedy-Malone’s co-author is Carolyn Auerhahn of the College of Nursing at New York University.

### **Top In-Demand Jobs That Did Not Exist 10 Years Ago: By Kiplinger**

One of the listed jobs is:

Elder-Care Services Coordinator

Salary range: \$60,000 - \$84,000

Education required: Bachelor's degree

An aging population and increasing interest in at-home or like-home care are factors in the growth of the elder-care services coordinator role.

People who understand gerontology and end-of-life issues, and who can stay on top of health-care regulation and follow developing trends in elder-care best practices, would be well-suited to this role.

Empathy, follow-through and top-notch communication skills are also must-haves for prospective elder-care services coordinators, who may need advanced degrees in gerontology (the study of aging) or related areas.

For a bigger list of jobs, visit <http://finance.yahoo.com/career-work/article/111973/jobs-that-didnt-exist-10-years-ago>.

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## **Blog on Complementary and Alternative Medicine for Seniors**

Jill Yesko ('09, certificate program) has launched a blog focusing on complementary and alternative medicine for seniors. Please visit her blog Holistic Elder Wellness at <http://holisticelderwellness.blogspot.com/>.

Jill welcomes your comments and suggestions for further posts.

## **Book in Chinese on Successful Aging From a UNCG Gerontology Graduate: Tse-Cheng \*Photos Attached\***

A Note From Sarah Johnson (author of this Newsletter): A recent graduate of the UNCG Gerontology Masters Program wrote a book called “Successful Aging” that I (Sarah Johnson) wanted to share with you. The book is in Chinese, but I hope that it will be informative to someone who is reading this Newsletter. Thank you.

The title of the book is 銀向成功, which means “Successful Aging.”

Photos of the book and the author (Kuo, Tse-Cheng) giving a presentation of the book are attached

The book is written in Chinese. This may be a problem of the book showing up on computers that don't have a Chinese system on them, perhaps.

The book's ISBN number is: The ISBN is: 9789866153174

You can also find this book from these websites:

<http://www.eslite.com/product.aspx?pgid=1001143022009341>

[http://www.kingstone.com.tw/book/book\\_page.asp?kmcode=2014110510135&actid=ActBillBoard](http://www.kingstone.com.tw/book/book_page.asp?kmcode=2014110510135&actid=ActBillBoard)