



# UNCG Gerontology Research Network

Facilitating Transdisciplinary Aging-related Research at UNCG

Monday, August 29, 2011 Issue 69

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## ANNOUNCEMENTS

By Dr. Janice Wassel, Director of UNCG Gerontology Program

The Gerontology Research Network (GRN) is the interdisciplinary network of faculty, researchers, and students interested in topics of aging. The goals of the network are to:

- Facilitate transdisciplinary research working groups
- Seek funding for future endeavors of the UNCG Gerontology Research Network
- Provide a web presence and other communication, connecting and informing this network
- Bring national expertise on interdisciplinary research and training in the field of aging to the UNCG campus
- Sponsor an annual research symposium featuring UNCG faculty and students investigating the field of aging.

If you have faculty, (new or returning) interested in aging, please invite them to become part of the network. Encourage the faculty to complete the GRN Network Participant Request form found on the home page of the Gerontology Research Network so their information may be included. See [www.uncg.edu/gro/geroresearch.uncg.edu](http://www.uncg.edu/gro/geroresearch.uncg.edu)

Sigma Phi Omega, (Delta Gamma Chapter) the national academic honor and professional society in gerontology, was established in 1980 to recognize *excellence* of those who study gerontology and aging and the *outstanding service* of professionals who work with or on behalf of older persons. The formation of a society provides a much needed link between educators, practitioners, and administrators in various settings where older persons are served. Each year the SPO Delta Gamma Chapter engages in a number of activities in the community, including helping Santa, hosting networking activities, and volunteer activities.

Fall induction of the Delta Gamma Chapter will be in October. Please nominate graduate students who have completed at least one semester at UNCG and have a 3.5 or higher GPA to join. See [www.sigmaphiomega.org](http://www.sigmaphiomega.org) for more information and to download the membership application.



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## NEWS - LOCAL

### **Seminar: Aging with Grace \*Flyer Attached\***

Are you a Caregiver? Do you know any Caregivers? This event will benefit them as well as other individuals who have questions about care transitioning and community resources.

Date: Saturday, September 10<sup>th</sup>, 2011

Time: 8:30am-12pm

Location: Abbotswood at Irving Park. 3504 Flint St., Greensboro, NC. 27405

Cost: Free. Registration is limited. Food will be provided.

Registration is due by Friday, September 9<sup>th</sup>, 2011. Please call 336-282-8870

In conjunction with Forever Young Home Care and Senior Resources of Guilford, Abbotswood at Irving Park invites you to a morning seminar on care transitioning and resources for aging adults and their families.

They will have a panel of senior industry experts, including Amy Rosen, Sales Director at Abbotswood at Irving Park; Jennifer Parker of Forever Young Home Care; Todd Davis of Caroline Relocation and Transition Specialists; Catherine Chargaia of Prudential; Wylie Southern, VP of Investments at UBS; and Amanda May of Senior Resources of Guilford.

### **Presentation: "Sick Girl Speaks: A Bed's Eye View of the Healthcare Maze." \*Flyer Attached\***

Date: Wednesday, September 14, 2011

Time: 3:30pm-5pm

Location: Williams Education and Counseling Center. Hospice & Palliative CareCenter. 101 Hospice Lane, Winston-Salem

Tiffany Christensen is a national public speaker and author, including the book "Sick Girl Speaks!" She was born with cystic fibrosis and has received two life-saving double lung transplants. Although young, Tiffany has the rare perspective of someone who has lived long years with debilitating disease and has twice edged up to the life/death transition. She will share her insight, knowledge and experience.

Tiffany's Website: [www.sickgirlspeaks.com](http://www.sickgirlspeaks.com)

The Community Partnership for End of Life Care, a program of Hospice & Palliative CareCenter. For more information, call: 336-768-6157, ext. 1622



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## NEWS - STATE

### **Care Effectively! Classes offered at COA Dare Campus \*Flyer Attached\***

Learn to “Care Effectively” Classes

Location: College of the Albemarle-Manteo Campus

Date: Wednesdays from September 7<sup>th</sup>-October 7<sup>th</sup> from 6pm to 8 p.m.

Cost: \$65

AlzNC offers a certificate acknowledging completion of their training DVD. Separate Cost: \$10.00

Classes are filling up quickly! Pre-Registration is suggested—Call Sherri at 252-475-9250 or call Lynda at 252-475-9251. See attached flyer for more information.

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## NEWS - NATIONAL

### **Two Day Care Giving Conference \*Flyer Attached\***

Location: Winston Salem State University: Albert H. Anderson Conference Center

Date: September 15-16, 2011

Hosted by WSSU Gerontology Program and North Carolina AARP

Conference Title: *Challenges Across the Life Course: Intergenerational Issues in the African American Community*

Registration Required: \$10 Students, \$15 Seniors (60 years and older), Professional/Faculty \$20

Learn more about this conference contact: Dr. Shannon Mathews, WSSU Gerontology Program Coordinator at 336-750-8804 or [mathewssh@wssu.edu](mailto:mathewssh@wssu.edu)

Co-Sponsors: WSSU Sigma Phi Omega (Epsilon Alpha Chapter), WSSU Gerontology Club and North Carolina Association of Death Dying and Bereavement

### **Aging Bootcamp scheduled for Sept. 29-30 in Southport, NC \*Flyer Attached\***

The next session of the Aging Boot Camp will be on Thursday, September 29<sup>th</sup> from 10:00 a.m. to 4:30 p.m. through Friday, September 30<sup>th</sup> from 9:00 a.m. to 3:30 p.m. The Aging Bootcamp is a basic orientation to aging and aging services in North Carolina generally targeted to new employees in the aging network but anyone interested in aging is welcome to attend.

Reservations related to lodging must be made directly with the hotel.

The Boot Camp will be held at the Southport Senior Center in Southport, North Carolina. More details are included in the attachment and you can make your on-line boot camp reservation at:

<http://events.r20.constantcontact.com/register/event?llr=edr899bab&oeidk=a07e4enpy3tbe0494bd>

Questions??? Please contact Nina Walters at [ncaoaconferencecord@gmail.com](mailto:ncaoaconferencecord@gmail.com) or by calling 336-602-2219.



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## **Nearing Deadline for Presentations for Annual Meeting of SGS**

Deadline: October 15<sup>th</sup>, 2011 for submitting presentations for the 33<sup>rd</sup> Annual Meeting of the Southern Gerontological Society.

Date of the Annual Meeting of SGS: Thursday-Sunday, April 19-22<sup>nd</sup>, 2012

Location of the Annual Meeting of SGS: Sheraton Nashville Downtown Hotel.

623 Union Street, Nashville, TN. Phone: 615-259-2000. Fax: 615-742-6058.

Email: [squest@sheraton-nashville.com](mailto:squest@sheraton-nashville.com)

To access the 2012 Call for Presentations and online submission form, please visit:

<http://www.southerngerontologicalsociety.org/sgs/annualmeeting/call.asp>

Submission Deadline: 8-15-2011. Contact Lora Gage at 239-541-2011 or [LGage4SGS@aol.com](mailto:LGage4SGS@aol.com)

## **Abstracts for NC Conference on Aging Are Now Available! \*Flyer Attached\***

Conference Dates: October 18-20, 2011

Location: Charlotte Hilton University Place Hotel, Charlotte, NC

The 2011 Conference's Theme: "The Community Response: Implementing the Plan for a Livable, Senior-Friendly North Carolina"

North Carolina is facing some critical issues as a result of its increasing older population. Despite the economic belt-tightening sweeping the state, there is a growing need for services to care for older citizens. With the first wave of Baby Boomers reaching retirement age this year, the number of older North Carolinians is on the rise.

Conference abstracts for ALL conference sessions are now available on the conference website! The conference schedule, conference plenary sessions over the course of the conference, and track plenary sessions scheduled for *Tuesday, October 18th*, as well as the conference registration form, can be found in the preprogram/registration booklet at: [www.aging.unc.edu/nccoa/2011/2011preprogram.pdf](http://www.aging.unc.edu/nccoa/2011/2011preprogram.pdf)

In addition, abstracts for all workshops, papers, symposia, roundtable discussions, and poster presentations can be found at: [www.aging.unc.edu/nccoa/2011/2011\\_NCCOA\\_Abstracts.pdf](http://www.aging.unc.edu/nccoa/2011/2011_NCCOA_Abstracts.pdf)

Plenary speakers at the Conference will include:

- L. Allen Dobson Jr., MD, President and CEO, Community Care of NC
- Nancy A. LeaMond, Executive Vice President, State and National Group/AARP
- Rosemarie Tong, Distinguished Professor of Health Care Ethics in the Department of Philosophy and the Director of the Center for Applied and Professional Ethics at UNC Charlotte.



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\*\*\*Visit the conference website today for additional information, the conference registration form, and information on sponsoring, exhibiting, or advertizing opportunities.

[www.aging.unc.edu/ncco](http://www.aging.unc.edu/ncco)\*\*\*

The deadline for hotel reservations at the special block room rate of \$119/night plus tax (parking included) is September 24<sup>th</sup> or when the block is full, whichever happens first. Should you need a room, don't delay, reserve it today through the link: [www.aging.unc.edu/ncco/hotel.html](http://www.aging.unc.edu/ncco/hotel.html), or by calling the hotel at 704-547-7444 and asking for the special block room rate for the NC Conference on Aging.

Don't delay—register today for this important annual statewide aging event!

## **SGS Sponsorship, Exhibit & Advertising Opportunities**

The Southern Gerontological Society (SGS) will hold its 33<sup>rd</sup> Annual Meeting on April 19-22<sup>nd</sup> at the Sheraton Nashville Downtown Hotel in Nashville, Tennessee. The theme of this year's meeting is *Gerontology: A Legacy of Commitment*. If you can, please consider helping support the annual meeting through making a donation to the Society.

The Southern Gerontological Society is comprised of professional educators, health care and social services practitioners, researchers, and policymakers. They work directly with older persons and train others to work with them, and their members in attendance at this Annual Meeting will be able to take news of your services back to their home communities throughout the South.

Please let Brandi M. McCullough know whether you will be able to share your products and services with our members by committing to an exhibit, program ad, or sponsorship. Complete the enclosed application and mail with your payment by February 1<sup>st</sup>, 2012 to the address listed below. With your commitment by this date, they will be able to process your information for inclusion in all printed conference material.

The address is: Southern Gerontological Society; PMB #144. 1616-102 W. Cape Coral Pkwy. Cape Coral, FL 33914. The phone number is: (239) 541-2011

Thank you for your consideration. Do not hesitate to contact Brandi M. McCullough, Chair, Development Committee, at (919) 244-3829 or [mccullough.brandi@gmail.com](mailto:mccullough.brandi@gmail.com) should you have any questions.





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## ITEMS OF INTEREST

### **Resource on Alzheimer's Disease: Dr. Richard Taylor**

For everyone who is interested in Alzheimer's Disease or has a loved one with that diagnosis, visit Dr. Richard Taylor's website: <http://www.richardtaylorphd.com>. As described in his website: "Richard Taylor, a retired Psychologist, was diagnosed with Alzheimer's-type dementia in 2001 at the age of 58. Now 65, he is a champion for individuals with early-stage and early-onset Alzheimer's disease, and author of the book Alzheimer's from the Inside Out (Health Professions Press, 2006). He serves on the board of the Houston and Southeast Texas chapter of the Alzheimer's Association and has started over 50 chat rooms worldwide for people with Alzheimer's disease and their loved ones...He was a moving force in the establishment of the Dementia Advisory Committee of the U.S. Alzheimer's Association, looking at how to better integrate individuals living with the diagnosis in the leadership, program development, and delivery functions of the Association and its local chapters. He now serves as the chair of a similar committee he helped to establish for the Alzheimer's Foundation of America."

He sends out a monthly Newsletter through email that is filled with personal and professional reflections on Alzheimer's Disease, and how the reader can get involved in the fight to defend the individual person with this diagnosis, rather than the negative stereotype. He is a fantastic source of knowledge, and his newsletters are always enjoyable and helpful to read.

### **"Living Healthy"—Online! \*Two Flyers Attached\***

This is a great opportunity for those people who are unable to attend the community-based Living Healthy workshops to still have access to this important and impactful program online. Hurry, though, there are only 1,500 FREE workshop openings available to people from across the country.

The Better Choices, Better Health™ workshop can help you:

- Find practical ways to deal with pain, fatigue, and stress
- Discover better nutrition and exercise choices
- Understand easy ways to relax
- Learn better ways to talk with your doctor and family
- Get the support you need

Whatever your ongoing condition/s—diabetes, arthritis, high blood pressure, heart disease, chronic pain, anxiety, or something else—the Better Choices, Better Health™ workshop can help you take better control of your health and your life.

The Better Choices, Better Health™ workshop is easy to follow and TAKES PLACE ENTIRELY ONLINE. You can join from any computer with an Internet connection, even a dial-up connection. You'll log on at your convenience two or three times a week for a total of about two hours a week.

8/29/2011

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UNCG Gerontology Research Network News is compiled by  
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VOICE 336.256.1020 • FAX 336.334.4113 • <http://www.uncg.edu/gro/geroresearch.uncg.edu>

Please send your aging-related research to Sarah Johnson at [shjohns2@uncg.edu](mailto:shjohns2@uncg.edu) OR [grnuncg@yahoo.com](mailto:grnuncg@yahoo.com) with "GRN Newsletter" in the subject line.



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You can remain anonymous—no one in the group needs to know who you really are—and everything takes place on a dedicated, secure website. You'll learn from trained volunteer leaders, many with health conditions themselves. And there's nothing to prove, so there's nothing to worry about. [Sign Up Today!](#)

TO REGISTER online for a Better Choices, Better Health™ workshop online, visit:

[www.selfmanage.org](http://www.selfmanage.org)

Questions? Please contact: Serena E. Weisner, MS, Living Healthy Project Director, NC Division of Aging & Adult Services: [serena.weisner@dhhs.nc.gov](mailto:serena.weisner@dhhs.nc.gov) or call: (919) 733-0440, Ext. 246

## **Job Openings: P.A.C.E. (Program for All Inclusive Care for the Elderly)—Burlington, NC**

There are a number of new positions open due to growth and they need to fill them as soon as possible.

### Overview of Organization:

- Piedmont Health SeniorCare (PHSC) is a Program of All Inclusive Care for the Elderly (P.A.C.E.) based in Burlington NC.
- PACE is waiver program under Medicare and Medicaid.
- It offers comprehensive, community-based health care for older adults to provide an alternative to nursing home care. Services are coordinated by an interdisciplinary team.
- The program offers home and center based programs to allow nursing-home eligible seniors to remain in their homes and communities.
- PHSC serves Alamance, Caswell, and northern Orange counties.

More information about the program and PACE model is located at the following sites:

[www.piedmonthealthseniorcare.org](http://www.piedmonthealthseniorcare.org) (PHSC) and [www.npaonline.org](http://www.npaonline.org) (National PACE Association)

### Open Positions due to growth:

- Clinical Services Manager (RN preferred)
- Physician Nutritionist (p/t, flexible schedule)
- Physical Therapist (p/t, flexible schedule)
- Home Care Coordinator (RN)
- Social Worker (MSW)
- Personal Care Aide

### To Apply:

Interested candidates may apply on line at:

<http://www.piedmonthealthseniorcare.org/careers.html>

Click on "career website" and then locate the position under "Piedmont Health SeniorCare".

Or you may contact: Hannah Adams, HR Manager, at 919-537-7473 or [adamsh@piedmonthealth.org](mailto:adamsh@piedmonthealth.org)



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## **CARES Training Event scheduled for September 20th in Winston-Salem**

Registration is now open for the following CARES training event: “Ethics in Everyday Practice.”

Date: September 20, 2011

Location: Senior Services, Inc. in Winston-Salem, NC

Registration Fee: \$20.00

Registration Deadline: 9/6/2011

Online Registration Link: <https://www.ncswlearn.org/plp/catalog/curriculum.aspx?cid=236>

### Description:

Adult services workers are faced with ethical dilemmas involving confidentiality, privacy, self-determination, boundaries, telecommunications, and dual roles, to name just a few. Effective ethical decision making requires self-reflection, knowledge of social work standards, use of resources, and supervisory support. This one-day workshop reviews ways to identify and make ethical decisions and gives participants practice in resolving everyday dilemmas.

FOR QUESTIONS CONTACT: Libby Phillips at: [ephilli@email.unc.edu](mailto:ephilli@email.unc.edu) or 919-962-0560

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