



# UNCG Gerontology Research Network

Facilitating Transdisciplinary Aging-related Research at UNCG

September 28, 2011 Issue 71

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## ANNOUNCEMENTS

By Dr. Janice Wassel, Director of UNCG Gerontology Program

The Gerontology Research Network (GRN) is the interdisciplinary network of faculty, researchers, and students interested in topics of aging. The goals of the network are to:

- Facilitate transdisciplinary research working groups
- Seek funding for future endeavors of the UNCG Gerontology Research Network
- Provide a web presence and other communication, connecting and informing this network
- Bring national expertise on interdisciplinary research and training in the field of aging to the UNCG campus
- Sponsor an annual research symposium featuring UNCG faculty and students investigating the field of aging.

If you have faculty, (new or returning) interested in aging, please invite them to become part of the GRN network. Encourage the faculty to complete the GRN Network Participant Request form found on the home page of the Gerontology Research Network so their information may be included. See

[www.uncg.edu/gro/geroresearch.uncg.edu](http://www.uncg.edu/gro/geroresearch.uncg.edu)

Sigma Phi Omega, (Delta Gamma Chapter) the national academic honor and professional society in gerontology, was established in 1980 to recognize excellence of those who study gerontology and aging and the outstanding service of professionals who work with or on behalf of older persons. The formation of a society provides a much needed link between educators, practitioners, and administrators in various settings where older persons are served. Each year the SPO Delta Gamma Chapter engages in a number of activities in the community, including helping Santa, hosting networking activities, and volunteer activities.

Fall induction of the Delta Gamma Chapter will be in October. Please nominate graduate students who have completed at least one semester at UNCG and have a 3.5 or higher GPA to join. See

[www.sigmaphiomega.org](http://www.sigmaphiomega.org) for more information and to download the membership application.

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## NEWS - LOCAL

### **Therapeutic Recreation Lab Open House \*Flyer Attached\***

The UNCG Department of Community and Therapeutic Recreation would like to invite you to the RT Lap Open House!

Date: Friday, September 23<sup>rd</sup>, 2011

Time: 2pm-4pm

Location: 247 Ferguson Building, UNCG Campus.

Parking is available at \$2/1<sup>st</sup> hour and \$1/additional hour at the Walker Avenue Parking Deck or the Oakland Parking Deck.

Come learn about the UNCG Department of Community and Therapeutic Recreation.

Meet the CTR faculty, advisory board members, and students. This new space provides practice areas for future recreational therapists to learn wheelchair mobility skills, to use adapted recreation equipment safely, and to assess clients and evaluate outcomes. Students will provide demonstrations and faculty will be available to talk with future students and others who may be interested in our program. Try your hand at some of our innovative recreation therapy interventions, including the wheelchair bike and platform gardening, and enjoy some light refreshments.

### **Mental Health Association of Greensboro.** <http://www.mhag.org/>

**Saturday, Sept. 24, 1 - 4 pm**—Stories that Heal, Storytelling Workshop. In telling our stories of recovery, we empower ourselves and bring hope to others. Come learn how to tell your story most powerfully. Please RSVP.

**Sept. 17-24<sup>th</sup>, 12 - 1 pm**—Wellness Through Art: Opening Reception. View the beautiful artwork created by our Wellness Academy participants. This exhibit will be available for viewing September 17-24 at the Greensboro Public Library, 219 N. Church Street.

**October 4 -8 and 25**—National Depression Screening Day—The Association coordinates the NDSC in Guilford County. Times and locations vary each day. For more information, please click here.

**October 13**—Cafe Pasta/Wellness Academy—Learn, celebrate and support the Wellness Academy over dinner and drinks at Cafe Pasta. To purchase tickets, please click here.

**October 14**—Annual Compeer Board Game Night and Potluck Dessert—Enjoy an evening of games, subs, desserts with peers and meet new friends. 6 - 8 pm at Cenenary United Methodist Church, 2300 W. Friendly Avenue. Please contact Rhonda, 373.1402 for more information. Please RSVP.

**October 17 - 21**—Peer Support Specialist Training. This 40 hour training will assist you on your journey to becoming a certified Peer Support Specialist. Peer Support Specialists are people living in recovery with mental illness and/or substance abuse and who provide support to others whom can benefit from their lived experiences. \$250 for the weeklong training. For more details and to register please click here.

**Saturday, November 12**—Art of Living Holiday Auction—Their annual fundraiser has a new venue, program and always exciting auction items. Please join them! For more information or to purchase tickets, please click here



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## NEWS - STATE

### **Person-Centered Thinking: Training in Ashville, NC**

Date: October 10-11, 2011

Time: 9:00 AM -- 4:00 PM

Where: Liberty Corner Enterprises. 147 Coxe Avenue. Asheville, NC 28801

If you have any questions please contact Libby Phillips at [ephilli@email.uncg.edu](mailto:ephilli@email.uncg.edu) or 919-962-0650.

To register online, please click on the following link:

[https://reg.abcsignup.com/reg/event\\_page.aspx?ek=0060-0003-e66f2d09c6ae418a946bfb894544fe50](https://reg.abcsignup.com/reg/event_page.aspx?ek=0060-0003-e66f2d09c6ae418a946bfb894544fe50)

Training Description:

Person-Centered Thinking training consists of 2 days of exercises where the participants acquire basic person centered thinking skills such as:

- The importance of being listened to and the effects of having no positive control
- The role of daily rituals and routines
- How to discover what is important to people
- How to sort what is important for people from what is important to them
- How to respectfully address significant issues of health or safety while supporting choice
- How to develop goals that help people get more of what is important to them while addressing issues of health and safety

### **October 18 - 20, 2011 North Carolina Conference on Aging**

Conference Title: The Community Response: Implementing the Plan for a Livable Senior-Friendly North Carolina 2011 North Carolina Conference on Aging

Conference Location: Hilton Charlotte University Place, Charlotte, North Carolina

North Carolina is facing critical issues as a result of its increasing older population. Despite the economic belt-tightening sweeping the state, there is a growing need for services to care for older citizens. With the first wave of Baby Boomers reaching retirement age this year, the number of older North Carolinians is on the rise. For questions and reservations call (919) 966-9444 and visit

<http://www.aging.uncg.edu/ncco/index.html>

### **Thursday, October 27, 2011 UNCG Gerontology Research Network (GRN) Lunch & Learn meeting**

Location: Dogwood Room, Elliott University Center (EUC), Noon-1:00 p.m.

William Tullar, Ph.D., Professor in the UNCG Bryan School of Business & Economics, shares a presentation to raise awareness of a host of scams specifically aimed at vulnerable senior populations. He is structuring a training program for seniors to help them recognize a scam when they see it! See the flyer. GRN meetings are free and open to the campus and the community. Brown bag your lunch and we provide learning opportunities! Park in the Walker Avenue or Oakland Avenue parking deck at \$2/1<sup>st</sup> hour and \$1/additional hour. Seating is limited so reservations are recommended and appreciated. RSVP to Mary Wolfe, [mlwolfe@uncg.edu](mailto:mlwolfe@uncg.edu), 336-256-1020.



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## ITEMS OF INTEREST

### **Position Available: Physical Therapist at Carol Woods Retirement Community \*Paper Attached\***

Carol Woods in Chapel Hill, NC, a nationally accredited Continuing Care Retirement Community, is accepting applications for a Physical Therapist, Monday through Friday, 8:30-5, weekend rotation in subacute setting.

Position Objective: Deliver high-quality rehabilitation services to Carol Woods residents including Independent, Assisted Living and Health Center residents.

See attachment for additional information about this position.

If you are interested in applying, please submit an application, cover letter and resume to [hr@carolwoods.org](mailto:hr@carolwoods.org). The application is available at [www.carolwoods.org](http://www.carolwoods.org).

### **1st Annual World Elder Abuse Awareness Day Walk \*Flyer Attached\***

Date: June 16<sup>th</sup>, 2012

Where: Triad Park, Kernersville

If you are interested in sponsorship opportunities or in more information about how you can help in the fight against elder abuse, contact: Dorian Fredricksen—Piedmont Triad Regional Council Area Agency on Aging—at (336) 294-4950 or [dfredricksen@ptrc.org](mailto:dfredricksen@ptrc.org)

### **New Research: “Quality geriatric care as perceived by nurses in long-term and acute care settings.” \*Article is Attached\***

This article was recently published in the Journal of Clinical Nursing and is by Beth Ellen Barba, Jie Hu and Jimmy Efird. Journal article is attached to this Newsletter in a PDF format.

### **Human Subjects Research Training is being Offered \*Flyer Attached\***

The Office of Research Compliance, along with the UNCG Grad School, will be offering training in “Human Subjects Research: What You Need to Know.” There will be 2 sessions, one on 10/20/11 and one on 10/28/11. Registration is now open at:

[https://freyr.uncg.edu/workshops/list\\_by\\_category.jsp?cat\\_id=77000580](https://freyr.uncg.edu/workshops/list_by_category.jsp?cat_id=77000580)

Please forward this information and the attached flyer to any future researchers you know who may need training.

### **Please Be Advised: Temporary Reference Databases for UNCG!**

UNCG has set up month-long trials for two databases, PsycTESTS and PsycTHERAPY. Both trials will run through October 12. You can access them by going to the UNCG library home page, clicking on Databases, clicking on the letter P, and then scrolling to the name. Please let your departmental colleagues know about these.

PsycTESTS includes the full text of psychological tests and measures as well as information about the tests. Examples of tests that might interest various departments:

- Coping with Discrimination Scale

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Please send your aging-related research to Sarah Johnson at [shjohns2@uncg.edu](mailto:shjohns2@uncg.edu) OR [grnuncg@yahoo.com](mailto:grnuncg@yahoo.com) with “GRN Newsletter” in the subject line.



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- Distressing Event Questionnaire
- Elderly Behavior Assessment for Relatives
- Bully Scale
- Youth Counseling Impact Scale
- Satisfaction with Therapy and Therapist Scale
- Retirement Satisfaction Inventory
- Marital Satisfaction Questionnaire for Older Persons
- Quality of Life Interview
- Alcohol Reduction Strategies
- Multicultural Sensitive Mental Health Scale
- Scale for Impact of Suicidality
- Perceived Family Competence Inventory
- Teacher Instructional Style Rating Sheets
- Fight Scale (peer fighting)
- Skills of Cognitive Therapy

You can see that this has a range of topics for many departments. We hope that you will give these databases a try. Please remember to download anything you want, as the databases will not be continued after the trial because of budget cuts.

For questions, please contact: Nancy B. Ryckman, Assistant Head of Reference and Instructional Services at the University of North Carolina at Greensboro; Jackson Library—106B (temporarily in 106C), at [nbryckma@uncg.edu](mailto:nbryckma@uncg.edu)

## **Spread HOPE during World Alzheimer's Disease Month**

*An email from Robert Egge, Vice President, Public Policy, Alzheimer's Association:*

Throughout this September, the Alzheimer's Association has been observing the inaugural World Alzheimer's Month. What better time to call on Congress to act!

More than 35 million people are living with dementia worldwide, including an estimated 5.4 million Americans. In addition, there are nearly 15 million unpaid dementia caregivers in the United States alone. World Alzheimer's Month is a time to applaud the everyday heroes facing Alzheimer's and fighting to overcome this disease. It's also a time to demand that Congress take action to improve the lives of those living with this disease and their families.

As an advocate, the most immediate way for you to take action is to ask your member of Congress to cosponsor the *Health Outcomes, Planning, and Education (HOPE) for Alzheimer's Act* (S.738/H.R. 1386). The HOPE for Alzheimer's Act will increase diagnosis of Alzheimer's disease and will ensure access to information, care and support for newly-diagnosed individuals and for their families. In short, this bill will provide essential support for those facing this devastating, debilitating disease. Send a message to Congress. Let Congress know that we all have a part in the fight against this disease. Tell Congress to pass the HOPE for Alzheimer's Act.

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## **Spread HOPE during World Alzheimer's Disease Month (cont'd)**

### First Meeting of the Federal Alzheimer's Advisory Council Announced

The first meeting of the Advisory Council on Alzheimer's Research, Care, and Services will be held on Tuesday, September 27, 2011. The Advisory Council was created by the National Alzheimer's Project Act (NAPA), which was unanimously passed by Congress last December and signed into law by the President in January. The Council will provide recommendations to the Secretary of Health and Human Services on what should go into a national Alzheimer's plan and how the federal government can do a better job of fighting this devastating disease.

Over the past few months, we've heard from thousands of Americans about what a national Alzheimer's plan should include. People with the disease, their caregivers, and their families and friends have shared their deeply personal and moving experiences as individuals affected by the disease. Whether the comments were provided on the NAPA website, at one of the in-person listening sessions around the country, or on the Association's nationwide "Tele-town Hall," one thing came through loud and clear: we need a stronger commitment from the federal government to fight this disease and care for those with it. We are truly grateful to all of you who weighed in for your courage and commitment to the cause. We will be providing all submitted comments and thoughts to the Administration and the Advisory Council later this fall.

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